



“Mythbusters” Part 6
Sunday, October 19, 2008
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SOUTHBRIDGE
COMMUNITY CHURCH

Ecclesiastes 4:9-12 (NIV)

Two are better than one, because they have a good return for their work: 10 If one falls down, his friend can help him up. But pity the man who falls and has no one to help him up! 11 Also, if two lie down together, they will keep warm. But how can one keep warm alone? 12 Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.

Myth: “I Can Handle All This Myself”

5 Obstacles

- _____
- _____
- _____
- _____
- _____

Mark 2:1-5 (NLT)

Several days later Jesus returned to Capernaum, and the news of his arrival spread quickly through the town. 2 Soon the house where he was staying was so packed with visitors that there wasn't room for one more person, not even outside the door. And he preached the word to them. 3 Four men arrived carrying a paralyzed man on a mat. 4 They couldn't get to Jesus through the crowd, so they dug through the clay roof above his head. Then they lowered the sick man on his mat, right down in front of Jesus. 5 Seeing their faith, Jesus said to the paralyzed man, "My son, your sins are forgiven."

1. Be _____ and take the initiative.

Mark 2:3 (NLT) *Four men arrived carrying a paralyzed man on a mat.*

2. Be _____ of others needs.

Philippians 2:4 (NIV) *Each of you should look not only to your own interests, but also to the interests of others.*

3. Be _____ with your words.

Ephesians 4:29 (NIV) *Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.*

4. Be _____ about real issues.

Proverbs 24:26 (NIV) *An honest answer is like a kiss on the lips.*
Galatians 6:1a (NLT) *Dear brothers and sisters, if another Christian is overcome by some sin, you who are godly should gently and humbly help that person back onto the right path.*

5. Be _____ to the relationship.

Proverbs 18:24 (NLT) *There are "friends" who destroy each other, but a real friend sticks closer than a brother.*

Personal Action Steps

- The pain of loneliness is very real. What was a very lonely season of your life?
- Describe a time when you felt a strong sense of connection and belonging?
- Whose faith has had a deep impact on my life? How?